

FOR IMMEDIATE RELEASE

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Physicians of Southwest Washington (PSW) to Host Beyond Aging Health Fair

Olympia, WA, September 17, 2019 — starting at 11am on October 1st, PSW's Beyond Aging Health will take place at the Lacey Community Center. This FREE event is PSW's push to bring their network of physicians closer together with community residents and help encourage older adults to live a healthy lifestyle in spirit, mind, and body.

Beyond Aging will feature a life-sized colon designed to promote colorectal cancer awareness, free chair yoga sessions every hour, interactive health screening booths, free health seminars lead by local physicians, information around Medicare Advantage and much more.

PSW believes that bringing the community to an event like this will offer a fun, easy way for residents to talk to physicians without any added intimidation. By bringing them out of the office, PSW has put the community and the physicians on a middle ground when it comes to getting medical education. No appointments, no bills, no pressure, just the community and local physicians coming together at an enjoyable health fair.

Date: Tuesday, October 1, 2019

Location: Lacey Community Center | 6729 Pacific Ave SE, Olympia

Time: 11am-3pm

Cost: FREE TO PUBLIC

To learn more, visit www.pswipa.com/events

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About PSW

Physicians of Southwest Washington (PSW) is an Independent Physician Association founded in 1995 by Thurston County physicians to provide continuity of health plan access and to maximize quality of care for their patients. PSW represents a network of more than 550 physicians and health care providers and on their behalf negotiates health plan risk-based contracts; provides care management, credentialing and claims processing; explores new business models to sustain independent practices; and is a 51 percent owner of NW Momentum Health Partners, a Next-Generation ACO.